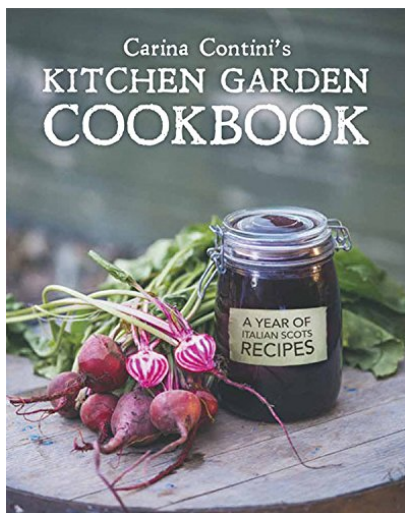


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by Carina Contini : **Carina Contini's Kitchen Garden Cookbook: A Year of Italian Scots Recipes**

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PDF-33249 | Carina Contini and her husband Victor are the grandchildren of two immigrant Italian families that arrived in Scotland at the beginning of the last century. Their families have been at the heart of serving food in Scotland since then. Originally their grandparents were shepherds in the Abruzzi mountains. Weeks on end were spent up on La Meta, the highest peak in the Apennines, with their small flo... *Carina Contini's Kitchen Garden Cookbook: A Year of Italian Scots Recipes*

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